

' SAMPLE MENU '

Breakfast

- Local variety of fruits
- Cereals and muesli
- Local pastries and bread
- Fresh plain yoghurt and fruit yoghurts
- Sunny side up, boiled eggs, scrambled eggs...
- Chees and salami
- Assorted teas and coffee

Lunch

- Black risotto
- Greek salad
- Beef with greenbeans
- Mushroom risotto with a scent of truffle
- With fish in tempura
- Octopus salad



Appetizer

- Samon with codfish al bianco
- Tuna pate with toasted bread
- Assortment of Brussettas
 - Prosciutto and melon
- Staffed tomatos with corn,tuna and mayonnaise
- Salt sardines,olives,capers

Main Course

- Orada in herb with swisschard
- Turky in white souce with gnocchi
- White fish in tempura with cooked vegetables
 - Staffed calamari with rice
 - Seabass with roast vegetabels



Desserts

- Chocolat cake
- Fruit salad
- Pancakes
- Simple Charlotte

Bon appetit!!!

